



Occupational Health
Services

Managed Healthcare Services across the United Kingdom

We deliver exceptional services which protect and ultimately improve your employee's health and well-being.

Occupational Health Services are an important part of any organisations employee care; high levels of both short and long term absenteeism are a major cost to businesses of all sizes, with significant levels of absenteeism having a negative influence on both efficiency and effectiveness. Our services will have a positive and long-term impact.

Medacs Healthcare believes it is important to integrate Occupational Health Service into your business, and in particular with policy and practice initiated by human resources, health and safety, risk management and finance.

The results

Optimised performance, productivity and retention and therefore reducing the overall costs associated with ill health and absence.

Our services

Providing expert prompt, accurate, comprehensive and evidence based clinical advice.

Effectively delivering a broad range of clinical Occupational Health services appropriate to the risks and hazards of the employees' working environments.

Active case management.

Operating to the highest levels of clinical quality and ethical guidance.

Promoting best practice.

Providing consultancy and support services.

Delivering a superior service

Medacs Healthcare is the UK's leading supplier of managed healthcare services; operational since 1992.

With our specialist teams, we develop a clear understanding of our customers' challenges, allowing us to deliver un-paralleled standards of service and true cost efficiency.



'Occupational Health is the promotion and maintenance of the highest degree of physical, mental and social well-being of workers in all occupations by preventing departures from health, controlling risks and the adaptation of work to people, and people to their jobs.'

ILO / WHO 1950

A national network with regional expertise

Through a national network of offices we ensure we are able to react quickly to our customers' regional as well as national requirements.

Our experience in the healthcare services market during the past 20 years provides us with the insight and understanding of the ever changing economy. By adapting our service to reflect those changes and introducing efficiencies, we believe we deliver an ever improving service to our customers. We understand the pressure to deliver measurable results and return on investment for your business.

Our Occupational Health Physicians and Nurses have over 100 years experience between them. We utilise only clinicians with the right combination of qualifications, skills and experience to provide services pertinent to each customer contract.

Our range of services



'The involvement of Occupational Health professionals is rated the most effective approach for managing long-term absence by all main employer sectors'

CIPD Absence Management Survey 2009

Medical Screening

- Pre-employment
- Off-shore Screening

Health Surveillance

Sickness Absence Management and Ill Health Retirement Referrals

Travel Health and Vaccinations

Occupational Health Consultancy and Support Services

Occupational Physiotherapy Advice.

Early intervention, clinical assistance and the practical management of employees' health and care issues have wide-spread business benefits.

Improved staff motivation and performance combined with better staff attendance and retention, ultimately increase productivity.

Pre-employment Screening

This service ensures that prospective employees are medically fit for employment and able to undertake the duties expected of them.

Pre-employment health screening is a fundamental part of initiating an ongoing Occupational Health programme. Our service includes baseline health measurements, advice on recommended adjustments or modifications and confidential pre-employment assessments via questionnaire, telephone or face to face consultation.

Off Shore Screening

We provide specialist expertise and services to a number of oil and gas sector companies, both in the UK and overseas. These services are provided by qualified clinicians registered with Oil and Gas UK (OGUK), Norwegian Registration for Health Personnel (SAFH) and Dutch Offshore Medical (SSVV). Our services include Emergency Response Team (ERT), drug and alcohol screening, overseas secondment medicals and vaccinations required for overseas or remote locations.

Health Surveillance

This is intended to reduce the risks to health before permanent damage, ensure compliance with statutory requirements and reduce medico-legal costs.

Medicals include but are not limited to; Passenger carrying vehicle driver medicals; Large goods vehicle driver medicals; Audio testing; Vibration white finger screening; Lung function testing; VDU eye testing; Food handling assessments; and Skin assessments.

Sickness Absence Management and Ill Health Retirement Referrals

Medacs Healthcare understands that reducing sickness absence levels is of great importance. We have a purpose built Occupational Health Centre manned by Occupational Health advisors, physicians and administrative staff, which is open Monday to Friday. We ensure almost instant access to advice by e-mail or telephone consultation.

In the case of face to face medical referrals, a robust system is in place which includes management referral forms being sent electronically.



'Employers who provide access to physiotherapy through their occupational health services see real benefits.'

Dr Gordon Parker
Society of Occupational Medicine

Travel, health and vaccinations

By offering a comprehensive immunisation and advice service, Medacs Healthcare can ensure your employees are sufficiently prepared and fit for their business travel.

Medicals in advance of overseas visits or secondment, include a complete vaccination programme from our designated Yellow Fever Vaccination Centre. Seasonal flu vaccine advice is also available.

Occupational Health Consultancy and Support Services

Medacs Healthcare play a pro-active role in initiatives which enable managers and employees to identify and address work related stress, to promote a positive mental health of the workforce, and promote health awareness via workshops, promotional events or consultations.

Stress, depression and anxiety are estimated to be the cause of more working days lost than any other work related illness. Over a third of management referrals are likely to be linked to mental health issues.

We provide access to Occupational Health advisors and qualified professional counsellors who provide advice, training and counselling on all aspects of stress management and work life balance, as well as a range of personal and emotional issues including bereavement support, addressing harassment and conflict at work, offering trauma support and guiding employees through career and organisational change.

Occupational Physiotherapy Services

Our highly qualified team have significant experience in managing musculoskeletal disorders and conditions caused or aggravated by the working environment, playing sport or occurring at home.

Effective risk management prevents injury recurrence, speeds up return to work and improves productivity and early treatment following injury has been proven to reduce recovery time in many cases.

Physiotherapy can be carried out in our fully equipped facilities or at our customers own premise and can include a range of back care and manual handling training courses.

Contact details

Occupational Health

Telephone: 0800 442 212

E-mail: occupationalhealth@medacs.com